Standard 7 Privacy and Dignity

**Learning Outcome -The learner will:**

**Assessment Criteria – The learner can:**

**7.1a** In relation to care practice, describe what is meant by the terms privacy and dignity.

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| Privacy is... |  |
| Dignity is... |  |

**7.1b** As a healthcare support worker or adult social care worker, you will be providing care to individuals who have a range of different needs, wishes and preferences and in situations which may be sensitive, personal or challenging. In the table below, list situations where an individual’s privacy and dignity could be compromised and then for each one describe how you would maintain their privacy and dignity.

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| Situations when an individual’s privacy and dignity could be compromised | Describe how you would maintain the individual’s privacy and dignity in this situation |
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**7.2c** It is essential that you do not disclose anything about an individual that they wish to be kept private, unless it is appropriate to do so. Explain why this is so important.

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**7.3a** There are a number of ways that you can help individuals to make informed choices. Describe three different ways in the box below.

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| How can risk assessment be used to support the right of individuals to make their own decisions? |  |
| Why must you ensure that your personal views do not influence an individual’s own choices or decisions? |  |

**7.3d** Part i) For each of the statements below, decide whether you need to support the individual to question or challenge the decision.

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|  | Would you support the individual to question or challenge the decision? | |
| An individual has been transferred to a new service or situation without being informed of the change. | Yes | No |
| An individual has consented to being referred to a speech therapist for support after a stroke. | Yes | No |
| An individual’s diet plan has been changed but they are not sure why. | Yes | No |

Part i) Thinking about the statements above, describe why you would need to support individuals to question or challenge decisions made about them by others. Include the following in your answer: Confidence / Self-esteem / Person-centred care / Empower.

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**7.4d** As part of your duty of care, you have a responsibility to support individuals to question or challenge the decisions that are made about them by others, especially if these decisions have been made without their involvement or consent. For the two examples below, state how you would support the individuals to question or challenge the decision and also describe how you would report your concerns to a relevant person.

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|  | State how you would support the individual to question or challenge the decision | Describe how you would report any concerns you have to the relevant person (this could include a senior member of staff, carer or family member) |
| Example 1: An individual tells you that their medication has been changed and they are experiencing side effects; they think this is because of another pre-existing condition. |  |  |
| Example 2: One of the individuals you support who has dementia has been declined access to a service or activity as it is believed it may cause unwanted negative emotions. |  |  |

**7.5a, b & d** Valuing the individuals you care for and support makes a very important contribution to encouraging active participation.

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|  | Explain how you would enable the individual to make informed choices about their lives | Why is it important to enable the individual to develop skills in self-care? | Why is it important to enable the individual to maintain their own network of friends within their community? |
| A young ex-service man is being rehabilitated in hospital after receiving significant trauma to both legs. He is soon to return home to his wife and children with support of an occupational therapist to ensure his home is equipped with the correct services to continue his rehabilitation. Prior to sustaining his injuries, he was engaged in many social activities and enjoyed sports such as basketball and surfing. |  |  |  |

Part ii) Describe the importance of how valuing individuals, such as the one above, helps to contribute to and encourage active participation. You could use the example to help you describe your points

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**7.5c** List other ways you can use to support active participation.

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**7.6b** Self-awareness and reflection is an essential part of your care practice and being aware of your own attitudes and beliefs can help you to make sure the quality of your work is not affected negatively. Produce a written account to show how your personal views could restrict the individual’s ability to actively participate in their care.

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| **Assessor Feedback: Date:** |

Candidate Signature: ……………………………………………….. Date: ………………….

Assessor Signature: …………………………………………………. Date: ………………….